



October 2023 Newsletter



Messiah Lutheran Church

1796 15 Avenue East, Prince Albert S6V 8A1

Website: www.messiahluthpa.com

Facebook & YouTube: [MessiahLutheranChurchPrinceAlbert](https://www.facebook.com/MessiahLutheranChurchPrinceAlbert)

Pastor John Mayer Dut

Cell: 1-639-384-8745

Email:

pastor.mlc@sasktel.net

amukpiny@gmail.com

Lisa Haight/Office:

306-763-7374

Fax: 306-763-6284

E-mail:

messiah@sasktel.net

2023 Council

Cheryl Bauer Hyde, Chairperson

Jeanette Tomtene, Vice Chairperson

Merv Bender, Secretary

Corrine Amyotte

Randi Arnot

David Bragg

Ray McCallum

Joy Weinberger

Pastor John Mayer Dut

Messiah's Mission Statement:

"Through the hearing and sharing of
God's Word, we, as a worshipping community,
encourage a personal relationship with Jesus Christ. In
faith, we reach out with Christ-like caring for the
community and the world in which we live."



Lutheran Lectionary Readings for the month of October:

Oct. 1 -Holy Communion, Pentecost 18

- Ezek 18:1-4,25-32
- Psalm 25:1-10
- Phil2:1-4 (5-13) 14-18
- Matt. 21:23-27 (28-32)

Oct. 8 -Thanksgiving, Pentecost 19

- Isaiah 5:1-7
- Psalm 80:7-19
- Phil. 3:4b-14
- Matt. 21: 33-46

Oct. 15 –Holy Communion, Pentecost 20

- Isaiah 25: 6-9
- Psalm 23
- Phil. 4:4-13
- Matt. 22: 1-14

Oct. 22 – Pentecost 21

- Psalm 96: 1-9(10-13)
- 1Thess. 1:1-10
- Matt. 22: 15-22

Oct. 29 – Reformation Sunday

- Rev. 14: 6-7
- Psalm 46
- Rom 3: 19-28
- John 8:31-36 Or Matt.11:12-19

MESSAGE REV. JOHN MAYER DUT

Philippians 4:8, "Protect your mind and heart."

Oh hey, how's it going Messiah? Your summer is already gone, you have a new Pastor. John Mayer Dut, you can see the short biography at the bottom on this message or maybe you read my Mobility Form, hopefully you protect your eyes from sunny days.

I know you did have a lot of work outside in your garden. Plus, you also had a lot of fun on your holidays, I don't know where you went, but hopefully is fun this year 2023. So, let me take you to our verse in this letter Philippians 4: 8. Wearing sunglasses protects your eyes from harmful heat and helps you see better on a bright sunny day. I know that there are other ways we can protect our eyes because sometimes we can have bad effects on our eyes, minds, and our hearts.

In Philippians 4:8 it says, sisters and brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely whatever is admirable. If anything is excellent or praiseworthy, I think Messiah Lutheran thinks that way about our Mission.

As been stated in our Mission (The assembly of the believers among whom the Gospel is preached in its purity and the Holy Sacraments are administered to Gospel). I mean who would not want to think of those things? But the world often turns away from all the things that are good and pure.

Community & Connections

Philemon 1:6 - I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ.

- Growing ministries outside of traditional Sunday church
- Intentional presence and outreach and to build relationships
- Reconciliation and social justice• Welcoming, connecting and supporting those in need
- Identifying opportunities for shared ministry with ecumenical, interfaith, and non-faith groups.



Faithful Transformation

Romans 12:2 - Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God what is good and acceptable and perfect.

- Led by Christ to new places and new ways of building faith in a changing world

- Addressing fear and managing anxiety stemming from change
- Addressing the changing needs of our congregations
- Balancing respectful traditions and customs with emerging expressions of faith.

Mutual Support

1 Corinthians 3:9a - For we are God's servants, working together.

- Strong communication
- Relationships and partnerships to share and leverage our resources and gifts
- Developing leaders and ministries through training and resources
- Building an understanding of our role in the global church
- Faithful stewards

AMAZING, DAYS June 1st 2023 until today, HOW OUR MISSION STARTED AND SUMMARISED IT INTO GOALS TO LEAD US INTO OUR FUTURE CHURCH.

My name is John Mayer Dut. I was born in Rumbek, Lake State, South Sudan. I have a Master of Divinity and Theology at Lutheran Theological Seminary, Saskatoon, Saskatchewan, Canada. Diploma on Christian Lay Leadership from Comboni College Khartoum. Diploma in Business Administration, Management Omdurman El Halia University.

In 1984, I received Sudan Certificate and joined University, decided to work for Amipharma Laboratory Limited - Pharmaceutical Company as a Storekeeper for sixteen years and left Sudan on November 15th /1999 to Egypt, Cairo.

Started working in Canada as Customer Service & Public Management before I came to Canada and Pastoral care from my First Called 2013 until today at most part of South Region at Synod of Saskatchewan and Manitoba Interlake Region. And now in Prince Albert, Messiah Lutheran and Community of Prince Albert in large.

Pastor. John Mayer Dut, I spent 122 [over one hundreds days at the Messiah] the time I spent in this Community of Faith -Messiah Lutheran has been clothed with warming welcome, embraced with Love and amazing introduction to Messiah, feels at home the First Day, which gave Joy and Happiness, that gave me smooth start the Ministry at Messiah, I was in need and was help by Council members and Congregational members of Messiah led by Cheryl Baue, I got a place to stay thank you, also my brother Pastor. Dan & Bev Haugen step up and gave me temporary staying at family Home, Thank, brother Dan and Bev, even though family not joined in Prince Albert, Saskatchewan, I was feeling at home from the first day I was here at Messiah, Prince Albert, when situation and condition we facing disappeared my family will be here in Prince Albert.



Thanksgiving

As a Community of Messiah Lutheran in Prince Albert, I am excited to announce that we are approaching the Thanksgiving Sunday less than two weeks. Therefore, I urge our members of Messiah Lutheran to bring goodies and great things God blesses you with this year. From food items and extra offerings to your Church in order for our Church to stand up to carry out ministry for the hungry and the needy. So, we are asking and reaching our community membership to offer to our community in need to our neighbors in need for the hot soup.

Also, I am praying for our Mission in Prince Albert, also, praying for our financial needs to be met. My dear friends and family of Messiah Lutheran, I am assured that your volunteer services and good wishes are as valuable to this community as well as your financial support.

We are thankful for your support Messiah Lutheran and our Mission in Christ Jesus to do good works.

Blessings

Pastor. John Mayer Dut



Thanksgiving Prayer Year 2023.

For Peace and Prosperity

Oh Lord, with humble hearts we pray Your blessing this Thanksgiving Day and ask that at table place, where grateful folk say words of grace, that You will come to share the yield Your bounty gave to farm and field. We pray Your love will bless, oh Lord, each heart, each home, each festive board; and that Your peace will come to stay where candles glow, On Thanksgiving Day." Amen.

Messiah Council Message

Luther's Morning Prayer: I thank you, my heavenly Father, through Jesus Christ, your dear Son, that you have kept me this night from all harm and danger; and I pray that you would keep me this day also from sin and every evil, that all my doings and life may please you. For into your hands, I commend myself, my body and soul and all things. Let your holy angels be with me, that the evil foe may have no power over me. Amen.

Luther's prayer thanks God for safety and protection from evil and asks that all we do is pleasing to God. So regardless of the time of day when we read / pray this message, it offers reassurance of God's love and blessings.

It has been four months since Pastor John joined us at Messiah. As we support the ministry at Messiah, please keep him and his family in your prayers. As Pastor John works to become familiar with Messiah and the community, your support and guidance are greatly appreciated.

Stewardship at Messiah comes in many forms, whether helping as a worship assistant; bringing items for the foodbank and other community organizations that we support from time to time; making coffee; leading and participating in bible study, women's and men's gatherings; setting/cleaning up for potluck lunches; singing in the choir; and providing financial donations.

There is also a need for the Messiah family to step forward to assist with ministry teams such as the altar guild, property maintenance, caring ministry / community service, education, and the myriad of other things that contribute to ministry at Messiah. Financial support is an ongoing concern, so we ask that you prayerfully consider what you are able to contribute financially and in congregational service.

Earlier this year, we gathered to talk about the future and mission of our congregation. The session was facilitated by Assistant to the Bishop, Rev. Dr. Ali Tote. Pastor Ali is compiling the information shared, and we plan to meet again to discuss next steps after the report is received.

Our Sunday worship services continue each week at 10:30am. Coffee is available in the Peace Chapel both prior to and after the service. Potluck lunch following the service is generally on the first Sunday of each month. Choir, led by May Janzen, gets together at 9:15am on Sunday prior to worship.

Plans are being made for Sunday School and Confirmation classes. There are several options for bible studies – the first Tuesday of each month for Messiah women, the third Tuesday of each month with Pastor John 'The Names of God', and study of the weekly liturgy may be starting soon. In addition, the Messiah Women generally meet on the first Saturday and the Men's Group on the last Saturday for coffee, breakfast/brunch and fellowship. There may be additional details regarding these activities in other areas of the newsletter or check the weekly bulletin.

Stay tuned for details about a Congregational Supper on Saturday, November 11. The Men's Group is leading this function and will be posting more information as plans are finalized. They will be looking for donations of desserts, and there may be other ways to help and get involved.

Your help and support for the ministry at Messiah is vital. Council and Pastor John welcome your input!

In God's service,

Cheryl Bauer Hyde, Corrine Amyottee, Randi Arnot, Merv Bender, David Bragg,
Ray McCallum, Jeannette Tomtene and Joy Weinberger.

Want to become a member?

Membership is not required for anyone to attend worship or be a part of Messiah. All are welcome here in our caring community of faith!

At the same time, we invite you to consider becoming a member of Messiah. You will be included in our Messiah Directory, you can vote at the Annual General Meeting and you would be eligible to serve on Messiah Council, as well as serve on wider Lutheran boards and committees. Ask Pastor John how you can become a member of Messiah today.

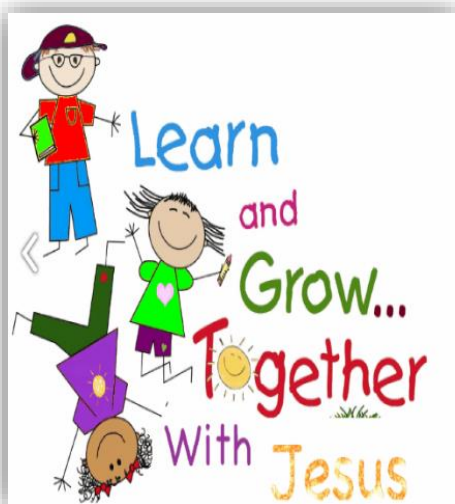
Sunday School

Sunday School and youth ministry plans are all in the works. If you would like to be personally involved or have any kids/youth who you would like to sign up to partake in all or either of these ministries, contact:

Pastor John at (639)-384-8745 (cell) / (306)-763-7374
(work) pastor.mlc@sasktel.net / amukpiny@gmail.com.

Confirmation

Confirmation classes will begin **October 15th** with classes scheduled every two weeks. Further details to come after our first meeting after the service.





Stephen Ministries

Stephen Ministry continues to grow! We had a small but mighty training class this winter and held a commissioning service May 7, 2023 at Messiah Lutheran in Prince Albert for three amazing Stephen Ministers. It has been a wonderful time of learning, fellowship and exploring caring ministry on



a deeper level. Most of our sessions were held over zoom but that did not detract from the sharing and the getting to know one another really well. We did manage to meet in person a couple of times. We were strengthened by the word of God, the power of prayer and the knowledge and expertise of amazing clergy and Stephen Leaders. Thank you to everyone who participated. We could not do this without all of you ♥.

The three new trainees are all seasoned faithful members of the church. They have stretched themselves, strengthened their faith, grown in skills and found what it truly means to put the results in God's hands and just focus on the process of caring. Why do we get involved in Stephen Ministry and why is it so different than other visiting programs? One student said it so well: *"I'm most looking forward to God using me to make a difference for one person at a time in a meaningful way through committed caregiving relationship. ... I have always had a hearts desire to care for others in pain, to be a healer of sorts. The compassion and empathy I feel for those who are hurting is beyond my human understanding. [Personally] with God's help, I have walked through a journey unlike most of my peers would understand.... When God heals us, he doesn't just do it because he loves us, but to bring honour and glory to His Holy name. Through all of this, God has taught and prepared me in many ways to do something like Stephen Ministries which requires much commitment, selflessness, prayer, understanding and most of all a willingness to enter into the depths of pain and suffering alongside another human being. I am grateful and honoured to step into the messiness of life.."*

Would you like to be part of our caring ministry? Each of you are part of a Stephen Ministry congregation. Please join us as we help to ease the burdens of our pastors. Our prayer lists get longer and longer every week. The need for care – active listening, walking with someone through difficult times whether it be grief, job loss, divorce, mental health struggles, are at an all time high. We are here to walk with them during these times. If you would like to join us, or want more information please contact me at the number below.

Fran Seidler
Stephen Leader
306-280-0549
Penguinfan29@hotmail.com

L – R
Linda Jarock, Saskatoon
Lisa Haight, Messiah PA
Randi Arnot, Messiah PA





The words we say have a major impact on how well we show our empathy to others. Despite our best efforts to empathize, it can be all too easy to say things that have the opposite effect—what we call *empathy busters*.

Here are five common empathy busters to watch out for:



"I KNOW HOW YOU FEEL."

People told us over and over in our research that they strongly disliked this phrase. They felt like the other person was dismissing the uniqueness of their pain. In reality, nobody can ever know exactly how someone else feels, so avoid this phrase.



"YOU HAVE A LOT TO BE THANKFUL FOR."

While it might seem helpful, encouraging someone to focus on what they have to be thankful for communicates, "You shouldn't be feeling the way you feel. Look on the bright side instead." This empathy buster invalidates the other person's feelings and can come across as judgmental.



"IT COULD BE WORSE."

As one person said, "Yes, it can always be worse, but that sure doesn't make me feel any better!" This cliché pushes people to change their mindset, which doesn't help when they're already dealing with a challenging situation.



"GOD DOESN'T GIVE YOU MORE THAN YOU CAN HANDLE."

When people are already struggling, being told that God gave them this difficult load and expects them to be able to bear it can cause a host of negative reactions. This phrase dismisses their emotions, and they'll likely feel worse.



"YOU SHOULD/SHOULDN'T . . ."

Empathy is about the other person—their feelings, wants, and needs. Telling someone what they should or shouldn't do minimizes their feelings and treats them like a project instead of a person.

Available exclusively from Stephen Ministries—at thegiftofempathy.org or by calling (314) 428-2600.

Coming Soon - Men's Retreat – Kinasao 2023

Men's Retreat, Oct 13-15.

Gather with men from the province for a weekend of rest, worship, teaching and outdoor adventure. There will be opportunities to enjoy the trails, great food, the sauna, and visiting around the fireplace. Register at kinasao.ca. Click "Weekend Retreats" which leads to Registration page.

We will be led by *Pastor Dan Haugen* under the theme: Life of King David

Registration cost is \$115 plus GST and **registration deadline is Oct 1, 2023.**

For more information please contact:

Merv Bender 306-960-8346 or merv.bender@sasktel.net



Kinasao News:

A **NEW event** is coming to Kinasao on **Saturday, November 25**. Let's gather to get in the spirit of the season with the **Christmas at Camp** event! Mark your calendar for this full day event – Christmas Market (tables available) 11am – 4:30pm; Community Supper 5pm; Twinkle Tour 6:30 – 8:30pm. Go to kinasao.ca for more details.

The **Advent Retreat, December 1-3** is returning! Come on your own or with your family and learn about the Advent season while enjoying Christmas crafts, baking, singing and more! Registration is now open at kinasao.ca.

We hope to see you back at Kinasao this season! Visit kinasao.ca for more details on all these events, or contact info@kinasao.ca!

Christmas at Camp

SATURDAY, NOVEMBER 25
CAMP KINASAO, CHRISTOPHER LAKE

Christmas Market - 11-4:30

Support local artisans and businesses!

Free admission

Lunch & Overflow coffee available

Community Supper - 5:00

RSVP at kinasao.ca

Admission by donation

Song & Scripture service to follow

Twinkle Tour - 6:30-8:30

**Check out light displays around the
Kinasao property!**

Admission by donation



**Visit kinasao.ca for more details,
and to book your table at the market!**

Learn and Reflect Together on National Day for Truth and Reconciliation

You are invited to use the following prayer for September 30:

Faithful God,
We remember the many, many
Indigenous children who did not return
from residential school.
Grant comfort in the midst
of grief and trauma.
Renew our commitment
to the journey of
truth-telling, mourning
and responsibility,
and guide us in the ways
of healing and love.
Amen.

National Day for Truth and Reconciliation

September 30 - ORANGE SHIRT DAY



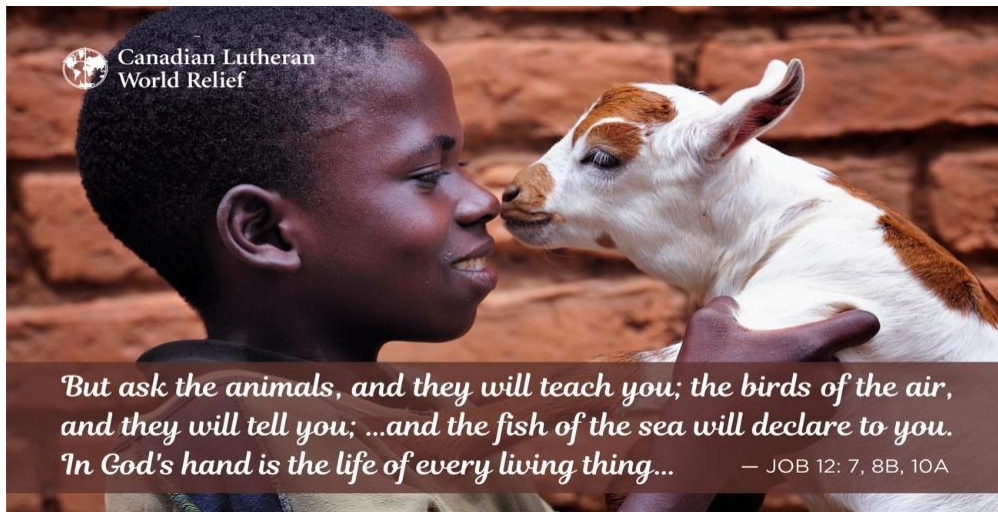
Members of the [Evangelical Lutheran Church in Canada \(ELCIC\)](#) are invited to observe **September 30 as Orange Shirt Day**, which marks the **National Day for Truth and Reconciliation**. There are many ways that we can observe that day, and help us learn, reflect and participate. Find more information and resources from our partners by clicking on any of the following links below:

[The United Church of Canada Orange Shirt Day \(2023\)](#)
[Anglican Church of Canada Reconciliation and Healing Resources](#)
[Churches Beyond Borders 2021 Statement on Teaching the Truth](#)
[KAİROS Canada Orange Shirt Day](#)

Other helpful resources:

[Orange Shirt Day - Phyllis Webstad's Story](#)
[Truth and Reconciliation Week 2023: Daily Lunch and Learn Sessions \(Online\)](#)
[September 2021 Letter from National Bishop Susan C. Johnson \(with a Prayer of Reconciliation by Cari Klassen\)](#)
[A Statement on the Indian Residential Schools from Indigenous Survivors, Elders and Leaders](#)
[Prayer for the Children from the Remembering the Children Tour](#)
[Journey for Reconciliation - Intercession Prayers for Orange Shirt Day](#)

Canadian Lutheran World Relief – Feast of St. Francis



Blessings of Animals

(ADAPTED FROM LUTHERAN ALLIANCE ON FAITH, SCIENCE AND TECHNOLOGY)

Almighty God, We ask your blessing upon all the animals given to families around the world through CLWR, that they may have good health, adequate feed, plentiful pastures, and companionship of the flock/herd. Give them good stewards who will be faithful in their care, feeding them, and protecting them from danger. Bless their relationships with humankind and other living things so that, together in the web of life which you have brought into being, all creatures may fulfill your purpose. Amen.

Blessings of the Farm - WRITTEN BY: LISA RANSOM

God, who created in dazzling variety and called all creation good: Bless all of the creatures who inhabit the fertile soil and heal our land, the small and hidden, the creepy and slithery, the hoppy and buzzing... Bless the pigs who burrow and wallow; for their joy in digging up roots and aerating the hard ground, fertilizing as they go. For the space they create so the sheep can graze. Bless them for their lesson to us that “disturbance” is the key to fertility and regeneration. Bless the chickens who scratch through the dung; for their appetite for fly larvae and the scattering of nutrients along their path, for their brood who feast on worms and parasites, for the perfect eggs they lay – an image of the fullness of creation. Bless the goats who tend to the overgrowth; for their agility to climb the hills, for their enthusiasm to graze the perimeter, reaching their noses under the fence to the untouched green grass and the brambles that grow on the rocks. Bless the goats for the wholesome, fresh milk they provide. Bless the ducks who eat the slugs and dabble in the mud, for their quack and their waddle. Bless the humor and joy of the duck. Bless the llama that guards; for her clear, non-violent protection, for her assertive stomp and her aggressive spit, for her crooked teeth, her long neck, and her wobbly legs. Bless her for the integrity of a job well done. Bless the honeybees who pollinate and remind us that life is sweet. Bless the trillions of microbes, hidden underfoot; for their voracious recycling of carbon that feeds the soil, the foundation of all living things. Bless the microbes for reminding us that without death there is no life, without decomposition there is no regeneration. Hold us together in the web of life that You have brought into being. Amen.



FARM ANIMAL WORD SEARCH

F	G	X	R	D	A	R	F	F	G	P	A	Q	C	T	H	N	C	U	H
L	C	N	F	I	K	U	Y	E	D	Y	Q	V	L	G	G	Y	E	P	E
O	L	H	V	L	B	G	R	D	J	P	R	L	C	B	C	C	X	L	L
C	G	R	I	A	W	H	I	I	V	D	U	S	K	R	N	R	Y	I	B
K	M	M	G	C	O	E	O	F	W	Q	S	N	B	G	O	I	V	T	N
C	M	C	S	P	K	D	P	P	H	Y	K	M	W	O	T	E	A	V	Z
G	W	E	P	Q	Y	E	N	O	H	U	W	Q	S	T	S	G	G	C	V
N	Z	X	S	A	M	G	N	N	U	F	I	T	E	T	C	G	Y	C	W
C	X	M	C	O	K	Z	I	L	H	Q	E	F	O	L	U	S	L	R	D
H	A	G	C	U	A	G	E	F	A	R	M	C	P	G	V	O	T	L	S
M	J	N	V	V	G	K	L	H	A	B	K	A	W	Q	Y	Y	A	G	U
Y	I	V	X	Q	P	C	L	N	V	T	A	O	G	Z	Z	S	Y	W	J
W	X	A	G	R	J	T	P	O	Q	N	N	M	N	Z	C	C	W	A	Y
W	H	H	I	O	D	Q	F	I	L	V	E	R	C	Y	H	S	L	X	N
T	Q	J	I	V	P	T	Y	T	A	W	J	O	V	D	I	Y	W	N	A
B	I	Q	C	O	W	N	A	I	R	A	N	I	R	E	T	E	V	J	C
M	Q	E	D	C	B	T	W	R	L	P	C	U	J	N	U	A	D	W	H
S	V	V	X	C	N	Y	W	T	L	H	Z	R	Y	M	Y	V	J	O	U
V	V	E	E	P	I	D	I	U	F	S	H	Q	J	B	X	B	F	I	J
P	A	Q	L	J	Y	F	V	N	O	Y	L	X	R	I	Z	B	E	E	S

INSTRUCTIONS: Find the following words in the grid above. Words may be written going forwards, backwards, up, down or diagonally.

BEES CHICKEN COW EGGS FARM FLOCK GOAT HONEY
INCOME LIVESTOCK MILK NUTRITION ROOSTER VETERINARIAN

20th Annual LutherCare

Foundation POWER BREAKFAST

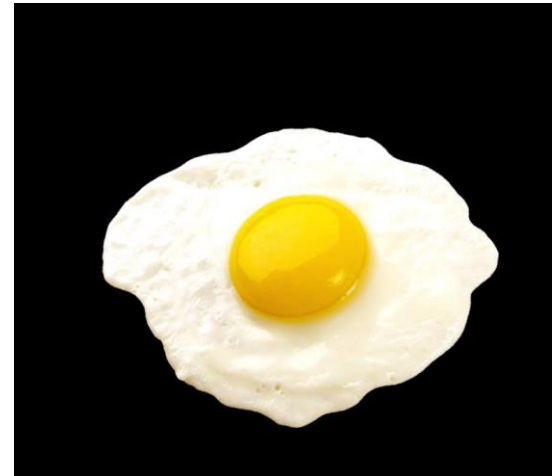
WHERE: Luther Riverside Terrace
915 Saskatchewan Crescent West, Saskatoon

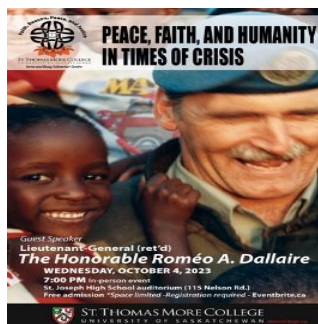
WHEN: Thursday, October 19
7:30 A.M. - 8:30 A.M

JOIN US: Enjoy complimentary
breakfast and entertainment. Freewill donations
in support of LutherCare Foundation

SPACE IS LIMITED:

Reserve your seats by calling (306)649-6364,
or email foundation@luthercare.com **by October 10.**





Peace Studies Lecture with retired Lieutenant-General Roméo Dallaire

St. Thomas More College is pleased to announce that the Honourable Roméo A. Dallaire will be presenting this year's Peace Studies lecture: Peace, Faith, and Humanity in Times of Crisis. The lecture will take place on **Wednesday, October 4, 2023, at 7pm**. Please note that the lecture will be held **at St. Joseph High School's Theatre (115 Nelson Road)** and will be an **in-person only** event.

Embracing the Calls to Action Evening with Chief Wilton Littlechild and Fr. Ken Thorson OMI:

Thursday, October 26 from 7 – 9pm, doors open at 6:30pm at St. Philip Neri Parish, 1902 Munroe Ave S., Saskatoon. A suggested donation of \$10 would be welcome. The Catholic Health Association of Saskatchewan (CHAS) extends an invitation to the Ecumenical Community to attend our TRC evening with Chief Wilton Littlechild and Fr. Ken Thorson OMI, moderated by Sandi Harper. This event is part of CHAS' annual convention taking place from Oct. 26 - 27th, 2023. For more information about the presenters or the convention go to: <https://queenshouse.org>; ontact Peter Oliver at CHAS, peter@chassk.ca



Fundraiser

The LuMinHoS events committee is holding an **Oktoberfest Fundraiser** at Zion Lutheran on Sat evening, Oct 28, 2023. Poster coming shortly! Along with food and entertainment, we hope to have a combined Silent Auction/Christmas Baking table. If you have surplus Christmas decorations or crafts or other sellable items, please send them our way. Additionally, since we have such a wealth of international bakers in our churches, we would love to share your unique Christmas baking. Connect with Renate at 306.343.0156 or 306.321.5202 or hisrib@sasktel.net if you can help. We would like to make this a huge success for LuMinHoS again!